



Conference Theme: Cognitive-Behavioural applications and interventions in Clinical, Health, Social, Occupational, and Educational Psychology

11.00 11.15 Dr. Whitney Scott (Kings College London) - Recent advances in the application of the psychological flexibility model to persistent pain

11.20 11.35 Dr. Jessica Kingston (Royal Holloway London) - Online ACT intervention for people with experience of cancer and type 2 diabetes
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1.15 1.30 Dr. Duncan Gillard (Bristol) & Dr. Corinna Grindle (University of Warwick), & Dr. Nic Hooper (Cardiff University) - Getting psychological flexibility into the water supply: The Connect Children's Wellbeing Curriculum.

10) 1.35 1.50 Dr. Arianna Prudenzi (University of Birmingham) - Workplace ACT for distress and burnout and MENTOR intervention/programme for employees with clinical mental health conditions at work.

11) 1.55 2.10 Dr. Sarah Cassidy (Maynooth University Ireland) Magpies: An ACT-based intervention for wellbeing in children and families.



12) 2.15 2.30 Dr. David Dawson & Dr. Nima Golijani-Moghaddam
(University of Lincoln) SMART for People with Multiple Sclerosis
(MS): Early data from a Prefeasibility Formative Evaluation.

13) 2.35 2.50 Dr. Richard May (University of South Wales) Derived
stimulus relations and Placebo Effects

14) 2.55 3.10 Dr. Freddy Jackson Brown (Bristol) Relational Frame
Theory and Artificial Intelligence

Break 3.10 3.25



15) 3.25 4.00 Clinical Case Studies led by Dr. Andrew Merwood (University of Southampton & Queen Alexandra Hospital, Portsmouth)

16) 4.05 - 4.20 Dr. Marc Bennett (University of Cambridge) - Decentering and Cognitive Defusion for anxiety

17) 4.25 4.40 Dr. Nima Golijani-Moghaddam & Dr. David Dawson (University of Lincoln) Longitudinal study of Psychological Flexibility over the Pandemic: Preliminary data.

18) 4.45 5.00 Dr. Ian Tyndall Closing paper - 'Process: A conceptual and behavioural analysis of Cognitive Defusion in