

What is SHIFT?

The Sexual Health in the over ForTy- ves (SHIFT) project is part of the EU Interreg 2Seas Programme, running from 2019 to 2023 and funded by the European Regional Development Fund. It is an international, cross-disciplinary project involving partners from UK, the Netherlands and Belgium. Our focus is on empowering people aged over 45 to participate in sexual health services and improve their sexual health and wellbeing, with an additional

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